

THE HEAT IS HERE.....

Low- to no-cost solutions to keep your energy use cool:

- \$ Close your windows during the daylight hours and keep them covered to keep the heat out: **76% of the sunlight coming in the window turns to heat.**
- \$ Open your windows after the sun goes down.
- \$ Set your **AC to 78 degrees** (DOE's ideal setting).
- \$ **Use fans strategically:** move air from cooler areas to warmer areas.
- \$ Pairing ceiling fans with AC will allow you to **set your AC 4 degrees warmer** without impacting comfort.
- \$ Use those **delay cycle features:** run your laundry machines and dishwashers during the night or in the early morning.
- \$ **Use a solar dryer:** hang your clothes on the line outside.
- \$ Minimize stove and oven use: **grill outside** (Fire Restrictions permitting), cook at night, use the exhaust fan to pull heat out.



Higher-cost improvements to keep your energy costs cool:

- \$\$ Invest in **blackout curtains** that reflect the sunlight and heat.
- \$\$ Replace incandescent light bulbs with **LEDs**: a 60W bulb can reach 200°F on the glass surface.
- \$\$ A programmable thermostat could **save up to 10%** on heating and cooling costs.
- \$\$ **Insulate doors and windows** that have gaps to the outside world.
- \$\$\$ Consider an induction cooking unit: **heat your food, not your room.**
- \$\$\$ **Add insulation** to your attic and walls.

When temperatures rise, so does the cost of electricity!

 **LOS ALAMOS**
Department of Public Utilities