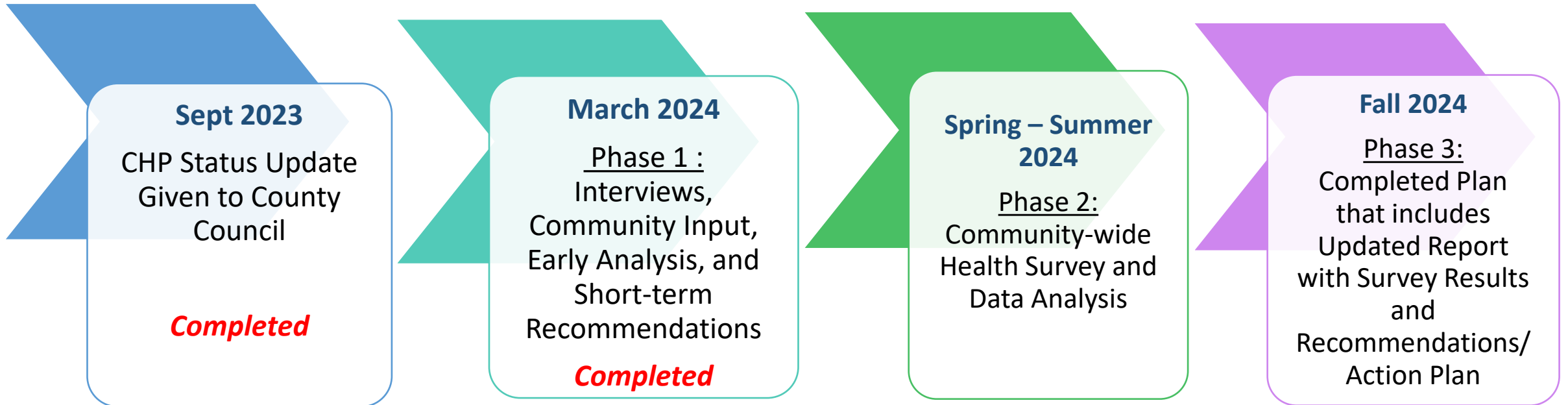


# INTERIM REPORT FOR THE LOS ALAMOS COUNTY COMPREHENSIVE HEALTH PLAN

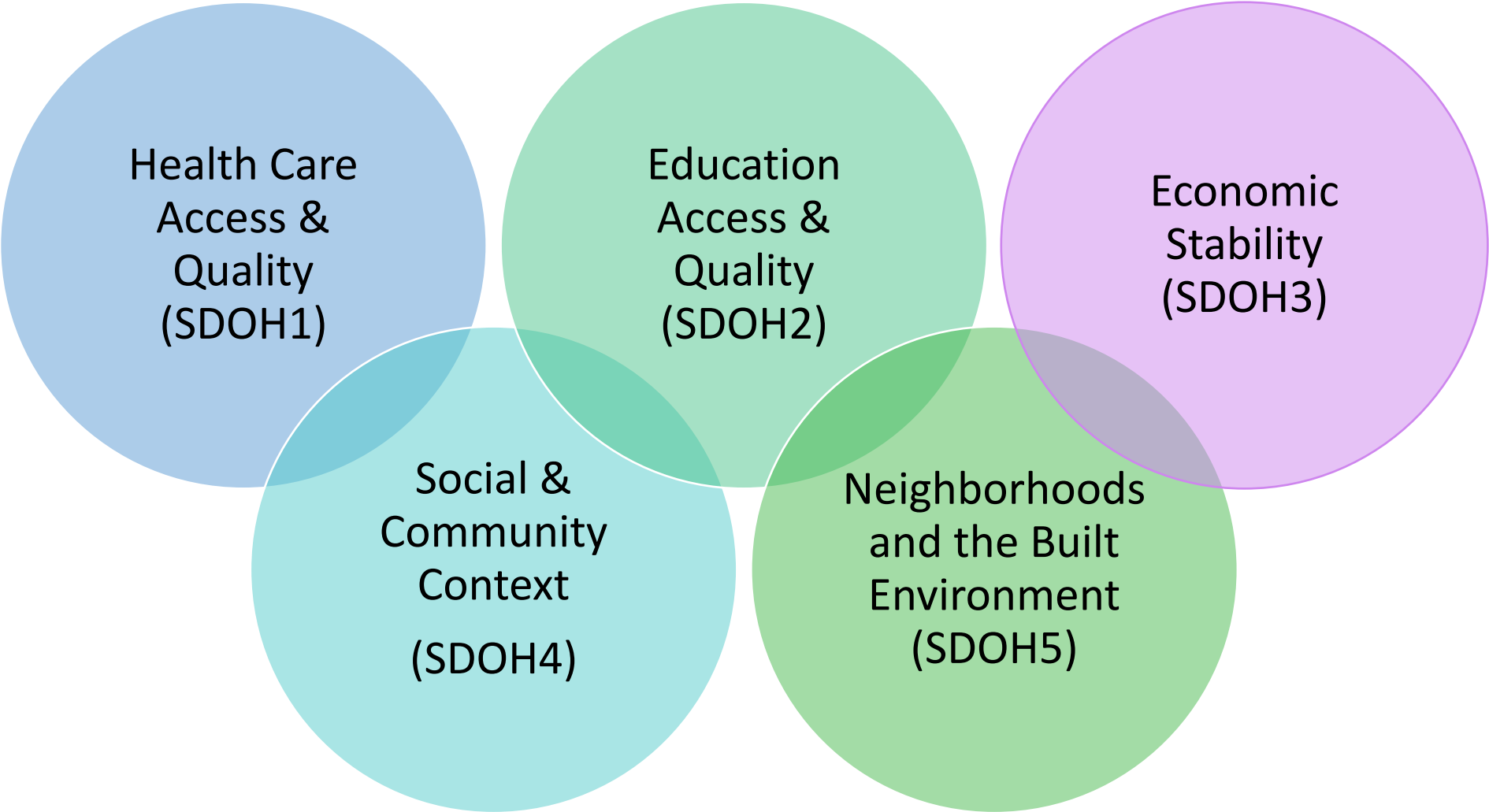
Presented by Jessica Strong, Social Services Manager

3/26/24

# Where we are, and where we are going



# Social Determinants of Health



# Health Care Access & Quality (SDOH1)

## Identified need:

Community members have challenges accessing physical and behavioral health care services

- Coordinate community-wide trainings on Social Determinants of Health (SDOH); Diversity, Equity and Inclusivity (DEI); trauma-informed care and other critical issues (Included in FY25 budget)
- Update existing mental health and substance use resources, as well as identify gaps/needs
- Evaluate physical health care challenges and develop next steps for improving accessibility and solving insurance needs

# Health Care Access & Quality (SDOH1)

## Identified need:

There are gaps in services and programs specifically designed to assist older adults with healthy aging

- Fund a 1.0 FTE Case Coordination Specialist position within Social Services Division with preferred experience working with aging systems / older adult (60+) clients, to serve as single-point-of-contact (Requested in FY25 budget option)
  - Will work directly with clients on housing, utilities, transportation, food, and other needs
  - Will coordinate with clients and Los Alamos Retired and Senior Organization (LARSO), other non-profits, Courts, Police, Emergency Medical Technicians (EMTs), Community Development Dept., and others as needs arise for case coordination
  - Will work with clients and physical and behavioral health providers

# Health Care Access & Quality (SDOH1)

## Identified need:

There are gaps in services and programs to support youth and young adults' mental health and substance use needs

- Expand mental health and substance use programming offered within the County (ex: Intensive Outpatient Programs (IOP), certified peer specialists, post-treatment support). (Requested in FY25 budget option)
- Advocate to expand telehealth and video-health options
- Offer more trainings to providers to build capacity to serve clients' needs and expand treatment options in our community
- Include cost-of-living increases for providers to maintain staff stability

# Education Access & Quality (SDOH2)

## Identified Need:

Students and parents want additional ways to address students' social and emotional needs

- Continue/expand the network of partners, agencies, and collaborators working to address students' social and emotional needs
- Provide encouragement and support to Los Alamos Public Schools (LAPS) to sustain ongoing student health education programs as well as vocational/career education counseling
- Collaborate with providers and non-profits to develop a plan for distributing Opioid Settlement Funds and implement effective best practices

# Economic Stability (SDOH3)

## Identified Need:

Low-income individuals struggle with the high cost of living in our community

- Increase Social Services outreach in order to reach more people that may qualify for services (Included in FY25 budget)
- Expand collaborations with other health councils, social service divisions, providers, and local and regional non-profits to provide assistance to low-income individuals
- Improve data collection and monitoring of key health measures across County departments in order to guide future program development



# Social & Community Context (SDOH4)

## Identified need:

Many people report challenges finding timely and accurate health-related information

- Implement a Communications Plan to compile information from a variety of sources, and then ensure all media sources receive that information in a timely fashion
- Identify existing local support groups and meeting locations and maintain a master list that is distributed regularly
- Increase outreach at events, resource fairs, and community locations to educate the community about what resources are available, in conjunction with community partners
- Encourage youth participation in health-related groups

# Neighborhood & Built Environment (SDOH5)

## Identified Need:

Lack of affordable housing and lack of transportation impact many community members

- Collaborate with other county departments and boards and commissions to help shape affordable housing and transportation solutions (ex: CDD's 2024 Affordable Housing Plan, Public Works' Pedestrian Plan)
- Participate in regional collaborations to help prioritize expansion and meet development and transportation needs