

## Community Services Department - Social Service Contracts FY2018 Quarterly Report

Check one:

<input type="checkbox"/>	Q1 (July-September)
<input type="checkbox"/>	Q2 (October-December)
<input type="checkbox"/>	Q3 (January-March)
<input checked="" type="checkbox"/>	Q4 (April-June)

Contractor: Los Alamos Public Schools- Healthy Schools Initiative Prevention Program

Address: P.O. Box 90, Los Alamos, NM 87544	Telephone: 663-2263
Hours of Operation: N/A	
<b>Name and Title of Person completing this report form:</b> Kristine Coblentz, Healthy Schools Initiative Director	

**1. Scope of MOA:**

Los Alamos Public Schools shall:

- a. Submit to County a 3 to 5 year strategic prevention plan for provision of prevention services by June 30, 2018, utilizing guidelines and documents produced by the Substance Abuse and Mental Health Services Administration (“SAMHSA”), the New Mexico Alcohol Tobacco and Other Drug Abuse (“ATODA”) Prevention Training System, and/or the New Mexico Office of Substance Abuse Prevention (“OSAP”). LAPS shall follow its plan for the remainder of the contract.
- b. Hire or contract with individuals or entities to provide prevention services within LAPS, and may include the hiring of a “Prevention Specialist.” The LAPS Prevention Specialist will work directly with school staff, LAPS students and community youth, and their families or guardian(s). LAPS will designate an individual or entity to coordinate the development and implementation of a strategic prevention plan as well as evaluate the plan’s effectiveness. Areas to be included in the strategic prevention plan must include, but are not limited to, minor’s substance abuse, tobacco and nicotine use, suicide ideation, and truancy and other emerging at-risk behaviors, such as bullying and inter-student hazing. The Prevention Specialist shall be certified by the New Mexico Credentialing Board for Behavioral Health Professionals and be trained and supervised by LAPS to successfully perform the duties as outlined in the Prevention Specialist Job Description provided of LAPS. The Prevention Specialist must also serve as the Certified Prevention Specialist on the local Drinking While Driving (“DWI”) Council of the County and may be required to chair the Community Resiliency Subcommittee of the Los Alamos Community Health Council.
- c. Submit written reports on forms provided by County or in a format acceptable to the County, covering each three-month/quarter period of the term of the Agreement, with the first such period beginning July 1, 2017. The reports shall include financial information describing LAPS use and expenditures of County funding and, at a minimum, summary information for the following:
  - i. A description of the prevention programs, services, or classes that have been held over the quarter with number of staff, students, and families and how LAPS believes the participants

- have benefited from the prevention services or how youth and family behaviors have been, if at all, impacted by the prevention programs and services.
- ii. The level and results, if quantified, of LAPS collaboration and coordination efforts with other community prevention service providers, including but not limited to JJAB, Teen Center, Family Strengths Network, community behavioral health providers, medical practitioners, and other organized youth groups.
  - iii. Reporting of performance measures and outcomes that are defined by LAPS, then presented to and agreed upon by County and LAPS, prior to the first quarterly report submission. LAPS will describe how the organization has gathered the required data, monitored and evaluated performance, and determined effectiveness the programs.
  - iv. A detailed description of any proposed changes to be made in the prevention services or programs to achieve the purposes of the Agreement.
  - v. A summary of opportunities provided for participant input and feedback and a description of the results.
  - vi. A description of any proposed changes in prevention services based on participant input and how LAPS plans to incorporate this information into the design and implementation of new and existing programs.
  - vii. A summary of LAPS participation or coordination of at least four (4) prevention-related programs/events/activities per school year with other youth-serving community organizations.
  - viii. LAPS shall furnish these reports to the County Social Services Division within thirty (30) days after the end of each reporting period.
- d. If LAPS contracts for the performance of these services, LAPS warrants and agrees that the procurement of the services shall be in compliance with the New Mexico Procurement Code, NMSA 1978, §§ 13-1-1 through 13-1-135.1, and with the Los Alamos County Code of Ordinances, Procurement Code, sections 31-1 through 31-288 as in affect and as may be amended from time to time.

## **Program Updates for Fiscal Year 2018**

Between December 2016 and April 2017, with assistance from community member Bill Wadt, a working group of LAPS site administrators and Healthy Schools Initiative team members drafted a strategic plan for the LAPS Prevention Program. See below:

### ***LAPS Prevention Program Strategic Plan***

#### **Purpose**

Prevention of substance abuse and suicide by school and community based youth

#### **Focus**

Substance abuse (drug and alcohol)  
Tobacco and nicotine use  
Suicide ideation  
Truancy  
Other emerging risk behaviors such as bullying

#### **Key Strategies**

#### **1. Create an integrated K-12 prevention program that builds student resilience and social-emotional intelligence.**

- Leverage implementation of ASCA model (American School Counselor Association)

- Leverage ongoing monthly meetings of LAPS counselors
- Leverage implementation of the Healthy Schools Initiative (HSI)
- Leverage strategies and actions under Strategic Objective #2
- Continue development and deployment of consistent data collection tools and integrated databases currently initiated with counselors
- Initiate data-driven decision making

**2. Provide opportunities for professional development for all staff to foster student and staff resilience and incorporate social-emotional learning into all environments.**

- Integrate training on resilience and social emotional learning (SEL) into staff professional development (PD)
- Include tools for promoting staff resilience and SEL in staff PD including promotion of teacher-driven PD
- Provide research data on student resilience and SEL yielding improved student achievement

**3. Develop a broad-based communication and education program to strengthen parental and community awareness and engagement in fostering student resilience.**

- Leverage Community Resiliency Committee
- Expand awareness presentations to community groups, e.g., religious groups, service organizations, Title VII, out-of-district parents, scouting, and athletics
- Use RAPS (Risk and Resiliency Assessment Project for Students) in an ongoing way to sustain youth involvement in prevention and engagement of adults
- Prepare to respond to potential crises in a positive way

## **Proposed Program Changes for Fiscal Year 2018**

The LAPS Prevention Program is one of the six focus areas of the Healthy Schools Initiative. In response to last school year's evaluation of programs, student surveys, and staff and parent input, and following the guidance provided by the strategic planning process, the LAPS Prevention Program has introduced the following changes:

- Expanded the focus of the prevention program to Grades K-12
- Identified and purchased new evidence-based curriculum (Signs of Suicide, Kognito online training)
- Increased coordination with Health Class teachers, Physical Education teachers, Nurses, and School Counselors
- Partnered with school sites to support Social Emotional Learning initiatives
- Increased Professional Development opportunities for staff
- Increased outreach to parents and community members to raise awareness and engage collaborative support
- Increased collaborations with community partners
- Drafted a job description and hired a part-time position to support prevention efforts (a full-time Prevention Specialist position will not be filled at this time)
- Proposed that the LAPS Prevention Program engage a facilitator to lead a collaboration of school staff, community members, local organizations, and service providers through a Strategic Prevention Framework planning process for Los Alamos County based on the evidence-based SAMHSA model

## Quarterly Report on Deliverables Above

LAPS engages in a spectrum of prevention activities that are provided by school staff and community partners with ancillary funding support from Los Alamos County.

### Quarter 4, FY2018

<b>K-12 Prevention Program</b>	<b>Date</b>	<b>Themes/ Site</b>	<b>Benefits/ Impacts</b>
Social Emotional Learning/ Well-Being Initiatives at all school sites	Ongoing	MindUp, Growth Mindset, Project Wisdom at LAMS, Positive Action Curriculum at LAMS and LAHS	Builds student and staff social emotional skills and resiliency.
School Counselor Team Meetings, Classroom Lessons, Direct Student Services	April, May, 2018	Diversity/ Tolerance, Activities to Support Well-Being	Reinforces common themes across the district through classroom lessons and school-wide activities and thematic displays.
Prevention Focus	April, May, 2018	Underage Drinking Prevention, Alcohol Awareness, Safe Prom and Graduation, Mental Health Awareness	Raises awareness and provides education and activities in the schools and community around monthly themes, unifies and leverages focus and efforts.
LAHS Film Class	April 17, 2018	Underage Drinking Prevention Outreach to Parents - met with students to provide feedback and edits from the DWI Planning Council - 3 students, 1 LAHS teacher	Increases knowledge re: the harmful effects of underage drinking and the consequences of social hosting/ providing alcohol to minors.
Mindfulness Lessons	April 23, 2018	Stress Reduction and Management, Strategies to Reduce Test Anxiety - 9 students in SAT/ACT Prep Class and 26 in English Class (10th Grade) - all students wrote feedback letters	Increases student knowledge re: the neurobiology of stress and anxiety and how mindfulness can help manage stress/anxiety;and increase focus, attention and performance as well as your enjoyment of life.
Transgender 101: A Cultural Humility Training, Transgender Resource Center of	May 2-3, 2018	LAHS Health Classes (11th Grade) - 136 students in 6 classes, 113 completed feedback surveys	Increases knowledge and awareness in order to decrease the likelihood of bullying and discrimination against transgender and

New Mexico			gender minority students, staff, and community members. Overwhelmingly positive response from students and Health teacher.
LAPS School Safety Team Meeting	May 5, 2018	School Climate/ Safety/ Mental Health - LAPS Administrators, Staff, School Resource Officer	Increases community capacity to assure the safety of students and community members by coordinating training and protocols.
Healthy Schools Initiative and Prevention Program Update Presentation to the LAPS School Board	May 8, 2018	LAPS School Board, Administrators, School Staff and Community Members	Updates school board, staff, and community members on strategies, initiatives and new programs including expansion of prevention K-12, Kognito suicide prevention training, Aspire Tobacco and Vaping Education, and the Alcohol Literacy Challenge.
RAPS LAHS Leaders Presentation at LAHS Staff Meeting	May 15, 2018	LAHS Administration, Teaching and Counseling Staff LAHS staff increased their knowledge re: student protective factors and risk behaviors. They asked several questions and were highly complimentary of the students' efforts.	The Risk and Resiliency Assessment Project for Students engages youth in a root cause analysis of YRRS data and a subsequent action planning process. Their presentation informs community members re: the strengths and concerns they have prioritized.
Middle School 101 Transition Events	May 17, 23, 2018	Transition Support - May 17: Pinon and Chamisa Elementary Schools - approximately 60 attendees May 23: Barranca, Mountain, Aspen Elementary Schools - approximately 30 attendees Approximately 30 community members, staff and students supported as hosts	Provided opportunities for 6th graders and their parents to meet staff, students and community support people in a casual setting, ask questions, and learn about resources and what to expect in middle school.
Kognito Friend2Friend Blog Feature	June 19, 2018	<a href="https://kognito.com/articles/kognito-in-the-classroom-how-a-new-mexico-high-school-is-preparing-its">https://kognito.com/articles/kognito-in-the-classroom-how-a-new-mexico-high-school-is-preparing-its</a>	TFA Counselor Michelle Harrison was featured in Kognito's blog highlighting her successful pilot of the

		-ninth-graders-to-navigate-tough-conversations	Friend2Friend suicide prevention program in the Freshman Academy this school year.
Alcohol Literacy Challenge	June 20, 2018	Summer Driver's Education Class 20 students All students completed pre and post surveys. Survey data recorded an increased knowledge about the physical effects of alcohol, how alcohol expectancies affect rates and amounts of drinking, and how companies use marketing strategies to influence teens.	Initial pilot of new program which is designed to change students' beliefs about the effects of alcohol and reduce the quantity and frequency of alcohol use. ALC uses cutting edge brain science & media literacy education about alcohol marketing and social media and is listed in SAMHSA's <a href="#"><u>National Registry of Evidence Based Programs &amp; Practices</u></a> .
LAHS Student Grief Group	April 25, May 2, May 9, May 16, May 23, May 30, 2018	April 25: 5 attendees May 2: 7 attendees May 9: 7 attendees May 16: 6 attendees May 23: 4 attendees May 30: 4 attendees 8 unreplicated youth 28 students were eligible and invited to participate 6 expressed interest in continuing in the Fall and inviting additional participants to join 2 staff	Offered support to LAHS students who have experienced the death of a significant person in their immediate family life. Sessions were led by LAHS Teacher and Licensed Mental Health Counselor Lynn Ovaska and supported by School Counselor Cristin Haake. The goal is to create a confidential, trusted, peer support group that can help students understand the stages of grief and express feelings of loss. Themes of the first six week session: Introduction, Ice-breaking, Group Norms, Memory Building, Family Changes, Feelings of Grief, Coping Tools, Goodbyes and Memorials.
Community Resource Support Plan (CRSP)	April - June, 2018	16 Students (8 LAMS, 8 LAHS): 2 Alcohol, 5 Drugs, 13 Tobacco/ E-cig Violations (some students had more than one violation)	Provides students who have violated the LAPS Drug/ Alcohol/ Tobacco Policy with early intervention, education, and support in coordination with school administrators and counselors.

**Mindfulness Lesson Quotes:** “Students told me that they used the techniques you taught them for the PARCC tests and said it was so helpful! So, thank YOU!”

“This class was very beneficial to me! Testing really stresses me out so I will use some of those techniques that you showed us. I will also use the falling asleep methods.”

“I learned a lot on how to calm myself down when my anxiety is bothering me.”

“I enjoyed the facts you taught us. I find the brain and how it works very interesting.”

“I learned to be more mindful and aware of my everyday life. I’ve been very stressed and today’s class helped calm me down.”

“This was something valuable to me, a unit no one ever went over with me or simply talked about. This to me is treasure. I found new ways to deal with stress.”

**Transgender 101 Student Quotes:** “I expect to be more comfortable and understanding about transgender issues and how to be an ally and friend to transgender people.”

“I will most likely be going in to the medical field and be working with Bisexual, Transgender and Straight people on a daily basis.”

“I feel like I would now be better able to interact with a transgender individual in a respectful way.”

“I have a better understanding of the struggles that trans people have to go through, so I will respect them more if I ever meet one again.”

“I have several transgender friends and I will use the information to help them feel safer in the world. It’s really nice to know the proper terminology and etiquette around transgender people.”

**LAHS Staff Member Quote in response to RAPS Presentation:** “I am so impressed with your work and that you are showing an interest in these issues and want to do something about it. These are really tough topics to talk about and you address them with confidence and concern.”

LAPS Professional Development Provided	Date	Number of Staff	Benefits/ Impacts
Transgender 101: A Cultural Humility Training, Transgender Resource Center of New Mexico	May 2, June 6 2018	May 2: 13 (HSI Director, LAHS, Central Office, Mountain, LAMS, 2 community members) June 6: 10 (HSI Director, 3 LAMS, 1 LAHS, 1 Central Office, 1 Tech Administrator, 3 JJAB Resource Specialists)	Increases knowledge and awareness in order to decrease the likelihood of bullying and discrimination against transgender and gender minority students, staff, and community members.
Kognito Suicide Prevention Training	May 22 and 31, 2018	Training information offered to LAPS Parent	Interactive format and curriculum increases staff

<p>for Elementary, Mid, and High School Educators and Youth Workers</p>	<p>June 4, 2018  April - June, 2018 - new users</p>	<p>Advisory Committee and the Youth Resiliency Committee 2 Trainings held at the Los Alamos Teen Center May 22: 5 (4 Teen Center staff, 1 JJAB Family Resource Specialist) May 31: 5 (3 Teen Center staff and 2 JJAB Resource Specialists) Intro to Kognito at Threat Assessment Training June 4: 38 LAPS staff April - June: 50 new users</p>	<p>knowledge of mental health issues and builds skills for reaching out to a student or colleague in distress.</p>
<p>Kognito Step In Speak Up Training</p>	<p>June 2018</p>	<p>Started subscription in June: 4 new users</p>	<p>Interactive role-play simulation module which aims to build understanding and appreciation for the challenges faced by LGBTQ youth and prepares users to lead real-life conversations with students to curtail harassment and support those who may be struggling as a result of bullying or isolation.</p>
<p>Student Behavior Threat Assessment Protocol Training, Kevin West</p>	<p>June 4, 2018</p>	<p>38 LAPS Administrators, Principals, Counselors, School Resource Officers, Transportation Staff and Healthy Schools Initiative Staff</p>	<p>Provided background information and a formal protocol for recognizing, assessing, and supporting students who may be a threat of harm. Included small group scenario practice.</p>
<p>Bystander Intervention Training at UNM-LA, Solace Crisis Treatment Center</p>	<p>June 5, 2018</p>	<p>9 (HSI Director, 2 LAMS, 2 LAHS, 3 Barranca Elementary, 1 Central Office)</p>	<p>Bystander Intervention: To intercede in sexual assault or sexual harassment, either by offering to help a victim or by standing up to a perpetrator. Opportunity for staff to explore common rape myths, learn about bystander theory, and engage with some common scenarios in order to improve school climate and support students.</p>
<p>Alcohol Literacy Challenge Training</p>	<p>June 7, 2018</p>	<p>11 (HSI Director and Support Specialist, 2</p>	<p>The ALC revolutionizes classroom-based prevention</p>

		<p>Chamisa, 2 LAMS, 3 LAHS, 2 JJAB Resource Specialists)                  Participants were trained to implement the program which includes modules for Grades 5-6, 7-8, 9-12, college, and parents.</p>	<p>by changing students' beliefs about the effects of alcohol and reducing the quantity and frequency of alcohol use. The program uses cutting edge brain science &amp; media literacy education about alcohol marketing and social media and is listed in SAMHSA's <a href="#"><u>National Registry of Evidence Based Programs &amp; Practices.</u></a></p>
--	--	--	--

**Staff Quotes:**

**Bystander Intervention Training** “We need more trainings like this. Students often come to me to talk to me about really hard things and I need the skills and resources to be able to support them.”

**Alcohol Literacy Training** “This is by far the best training and alcohol prevention program I have ever seen and experienced. I can't wait to share the information with our students.”

**Transgender 101 Training** “The training lowered my anxiety and ignorance about how to respond and interact without causing harm.”

“I feel more able to speak intelligently to others who have less knowledge than I now do about people in the trans community. Hopefully this adds to the ripple effect of raising awareness and lowering stigma.”

“We have numerous students in the high school with gender ID issues, as well as alternative sexual orientations. I feel that this training will increase my empathy and sensitivity towards ALL students.”

“I'm very glad the LAPS district is making efforts to raise awareness of diversity issues. This is long overdue and very welcome.”

<b>Professional Development Attended</b>	<b>Date</b>	<b>Number of Staff</b>	<b>Benefits/ Impacts</b>
Compassionate Bereavement Care Certification Training	March 1-4, 2018	1 (LAHS Psychology Teacher, Licensed Counselor)	Increased capacity of staff to support students who are dealing with traumatic grief and loss. Trainee will hold a closed grief group at LAHS and provide staff professional development.
SafeAware Everyday School Safety Online Training	April 2018	1 (Elementary School Nurse)	Increased staff ability to prevent risk behaviors, evaluate environments and school climate, observe warning signs, improve reporting, and evaluate potential threats.
Active Shooter	April 2, 2018	LAPS Central Office	Increased situational

Scenario Training, LAPD		Staff	awareness and knowledge of strategies for responding in an active threat situation.
Head to Toe Conference	April 18 and 19, 2018	2 (HSI Director, HSI Support Specialist)	Attended workshops re: Body Image/ Self-Esteem, Effects of Trauma on Children, Trauma Sensitive Schools, Supporting Culturally and Linguistically Diverse Community, SUPER PEER: An Innovative Approach to Peer Substance Use Prevention with Identity at the Center, Motivational Interviewing with Adolescents: Dynamic Skill Building, Stress Inoculation for Staff, Healing the Scars: Working through the Trauma of Bullying, Building Resiliency from the Inside Out: A Tool-Kit for Youth Well-Being
Children's Safety Workshop at FSN, Resolve	April 25 and May 2, 2018	1 (HSI Support Specialist) attended to observe the program	Youth ages 6-12 acquired personal safety and bullying resistance skills and had the opportunity to practice and implement them in real life situations.
Bystander Intervention Training at UNM-LA, Solace Crisis Treatment Center	April 27, 2018	6 (HSI Director, HSI Support Specialist, LAHS Principal, TFA Counselor, 2 LAHS Counselors)	Bystander Intervention: To intercede in sexual assault or sexual harassment, either by offering to help a victim or by standing up to a perpetrator. Opportunity for staff to explore common rape myths, learn about bystander theory, and engage with some common scenarios in order to improve school climate and support students.
Signs of Suicide Self Injury Training DVD	May 4, 2018	1 (Healthy Schools Initiative Support Specialist)	Increased knowledge about and awareness of self injury among youth. Received information re: how to detect and address youth who may be at risk of self injury.
Bystander Intervention	May 12, 2018	1 (HSI Director)	Increased participants' ability to stand up to injustice and

Training at FSN, Resolve			intervene effectively as a bystander. Offered verbal and physical techniques to speak up against violence and oppression, have difficult conversations, and de-escalate potentially violent situations and included opportunities for practicing strategies.
Trauma Training at Chamisa Elementary School, Deb Shelton	May 22, 2018	2 (HSI Director, HSI Support Specialist) + Chamisa Principal and Staff	Increased understanding of how trauma affects children's performance at school. Provided information regarding classroom strategies and books that can help young children manage their behavior and process their feelings and experiences.

**Staff Quotes**

**Capstone Training:** "Attending the prevention training and learning more about current trends and best practices assured me that we are working in the right direction."

**Grief Support Training:** "This training was a life changer for me. I feel like I am on a new path and am doing what I was meant to do."

Parent/Community Education and Outreach	Date	Number of Attendees/ Persons Reached	Benefits/ Impacts
Youth Resiliency Committee Newsletter	April, May, June, 2018	Distributed by email to YRC and CHC membership; LAPS Principals, School and Clinical Counselors; parents and community members; sent to local media outlets; posted in 31 locations by LAVA volunteers	Provides information re: how to help youth develop resilience and highlights community resources, events, and activities that promote youth and family resilience. Available online: <a href="https://sites.google.com/laschools.net/youthresiliencycommittee/monthly-newsletter">https://sites.google.com/laschools.net/youthresiliencycommittee/monthly-newsletter</a>
RAPS LAHS Leaders Planning and Check In Meetings	April 3 and 10, May 1, 2018	6 students, 3 LAPS staff (HSI Director and Support Specialist, District Site Tech Administrator)	Provides a model for youth leadership development and an opportunity for teens to analyze and act upon their own public health data. Met to plan and debrief from UNMLA Parenting University workshop.

Community Book Read	April 5 and 26, 2018	52 staff, parents, and community members signed up including 35 new participants, 18 attended the second discussion group meeting and 12 attended the final one	Participants read and discuss a book over a 6 week period - Building Resilience in Children and Teens by Kenneth Ginsburg. The goal is to raise awareness, increase dialogue, and encourage connections and mutual support in order to help our community raise resilient, competent, confident youth.
Parent and Teacher Organizations (PTO)	April 9, 2018	Aspen (1 Healthy Schools Staff, 2 Aspen staff, 12 parents)	Introduced Healthy Schools Initiative Support Specialist and her role as assisting with developing expansion of prevention efforts for elementary grades.
RAPS LAHS Leaders Presentation at Parenting University	April 14, 2018	4 students, 18 adults - RAPS Leaders led participants in a data matching game and added slides re: technology use and how it affects student behavior to their presentation to tailor it for this workshop.	The Risk and Resiliency Assessment Project for Students engages youth in a root cause analysis of YRRS data and a subsequent action planning process. Their presentation informs community members and service providers re: the strengths and concerns they have prioritized.
Press Release - Underage Drinking Prevention Month	April 17, 2018	Published - <a href="https://www.ladaily.com/content/april-underage-drinking-prevention-month-0">https://www.ladaily.com/content/april-underage-drinking-prevention-month-0</a>	Increases community awareness re: the effects of underage alcohol use and the importance of talking with children about alcohol.
Sticker Shock Event	April 23, 2018	3 CHC/ DWI Planning Council members including HSI Support Specialist	Applied stickers to alcohol products at Smith's Marketplace to remind adults that providing alcohol to minors is illegal.
District Parent Advisory Committee	April 26, May 24, 2018	K-12 (earlier) Prevention Initiatives, Alcohol Literacy Challenge, Dress Code, School Safety and Climate - Approximately 12 attendees - staff and parents	Venue for parents to provide input to school staff and administration and receive updated information.

Topper Advisory Council (TAC)	April 30, 2018	6 parents, LAHS Principal, HSI Director	Increases coordination and communication between parents and site administrators. Offered updates re: Prevention in TFA, healthy relationships, CRSP process, PARCC activities.
Public Service Ad - Underage Drinking Prevention	May 2018	Shown for one month at the Reel Deal Theater - <a href="https://sites.google.com/laschools.net/youthresiliencycommittee/laps-prevention-program?authuser=0">https://sites.google.com/laschools.net/youthresiliencycommittee/laps-prevention-program?authuser=0</a>	Increases community awareness re: social hosting laws and that it is harmful and illegal to provide alcohol to minors.
Pre-Screening of the Film: The Vlog of Mara Barnhart at Chamisa Elementary	May 10, 2018	15 adults, 17 students Written by LAPS teacher Cynthia Richard and acted by three LAPS students, this film draws upon Richard's personal experience fostering a child.	The film's goals are to raise awareness re: the effects of trauma and increase support for foster and adopted students, as well as any students with trauma backgrounds.

**Parenting University Participant Quotes:** "Students did an awesome job of presentation of data and facilitating conversation."

"Open discussion with other parents. I loved hearing from the RAPS kids."

"I liked getting ideas from other parents and tools to help kids have healthy tech habits."

**Community Book Read Participant Quotes:** "The interaction with other parents helped provide further ideas as to how to implement the suggested actions from the book."

"Having a stress plan. I plan to share the resource with others and work with my family to have a stress plan in place."

"Awareness of how many different people in our community (not just parents) want to get updated information to more effectively support youth."

"Excellent book selection and facilitation. I enjoyed the personal connections and feedback from parents."

"Thank you for providing the opportunity for a diverse group to come together and discuss ways to support youth and understand some aspects of healthy/expected youth development. The variety of ages among the participants provided for a broad spectrum of views and experiences."

<b>Community Collaborations</b>	<b>Date</b>	<b>Number of Attendees</b>	<b>Benefits/ Impacts</b>
Parenting University	April 14, 2018	LAPS, JJAB, UNM-LA - 4 students, 18 adults	Opportunity for student leaders to present their analysis of YRRS data and engage parents in discussion re: youth protective factors and risk behaviors.
Screenagers Film Showing	May 2-3, 2018	LAPS, JJAB, UNM-LA - UNM-LA Showing - 18 adults, 5 youth LAMS Showing - 18 adults, 14 youth	Opportunity for parents, school staff, and community members to explore the impact of screen technology on youth well-being and learn and discuss strategies and solutions.
Public Service Ad - Underage Drinking Prevention	Developed February - May, shown during the month of May 2018	LAHS Film Class, HSI Prevention Program, DWI Planning Council, Reel Deal Theater	Raises community awareness of social hosting laws and the impact of providing alcohol to minors. Offers film students an opportunity to create an advertisement for a community organization.
Professional Development	May - June 2018	JJAB, Los Alamos Teen Center 11 adults	Facilitated professional development at the Teen Center for Mental Health Awareness Month in May for staff and JJAB Specialists. Invited JJAB to participate in LAPS Summer Institute trainings in June.
Youth Mental Health First Aid Training	Ongoing	JJAB, LAPS, UNM-LA	This free training for adults who work with youth offers information about common mental health challenges and teaches participants how to recognize the signs of distress and when to connect people with helpful resources and support.

<b>Community Meetings Attended this Quarter</b>	<b>Date</b>	<b>Topics</b>	<b>Benefits/ Impacts</b>
Los Alamos County Council Meeting	April 3, 2018	Proposal for an integrated community health clinic to meet gaps in mental and physical health services.	Community resource that would meet unmet and emerging needs due to limited public health office services and hours.
Community Health Council (CHC)	April 5, May 3, 2018	2018 Community Health Profile, Las Cumbres FIT Program - Family Infant Toddler Early Intervention	Opportunity to gather resources, distribute info, network and collaborate with community partners in order to leverage impact.
JJAB	April 25, May 16, June 20, 2018	HSI and Prevention Program updates, Los Alamos Community Foundation, Los Alamos Makers, Strategic Planning	Opportunity to gather resources, distribute info, network and collaborate with community partners specifically around emerging youth issues.
DWI-Planning Council	April 12, May 10, June 14, 2018	LAPS Prevention and HSI Reports, Alcohol Literacy Challenge Training and Social Hosting Ad at Reel Deal	Opportunity to coordinate and leverage impact of community prevention efforts.
Youth Resiliency Committee, Chair (Sub-Committee of the CHC)	April 9, May 14, June 11, 2018	Community Updates and Sharing, What is Resiliency? 7 C's as a Framework, Control, Challenge Success themes, Leadership Styles	Forum for promoting youth and family well-being by bringing awareness to issues; highlighting activities, services and resources; and collaborating to offer solutions and fill gaps.
Senior Appreciation Night Planning Meetings	April 13, May 8, 2018	Risk Behavior Prevention	Community initiative to offer safe activities to graduating seniors and their friends.
Santa Fe Prevention Alliance Meeting	June 19, 2018	La Familia Medical Center's Drug Treatment Program for Pregnant Women, Mission and Vision Updates, Committee and Project Reports	Opportunity to collaborate and learn from regional coalition of prevention and community services providers.

<b>Performance Measures and Outcomes</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>
Number of Students Reached	Students at all 8 school sites - prevention themes 6 students - LAHS RAPS	Students at all 8 school sites - prevention themes 174 students (8th Grade), 9 Students (LAHS), 92 students (primarily 11th grade) 275 students (primarily 9th grade) 3 students - LAHS RAPS	Students at all 8 school sites - prevention themes, Driver's Ed classes (LAHS), 150 students (LAMS 8th Grade), 20 students (LAHS), 4 (LAMS), 30 (Mountain School), 7 students - LAHS RAPS	Students at all 8 school sites - prevention themes, 5 students (LAHS Film Class), 9 (LAHS SAT/ACT Prep), 26 (10th Grade English), 136 (primarily 11th Grade), approx. 35 (6th Grade), 20 (Driver's Ed), 8 (Grief Group), 16 (CRSP)
Number of Staff Reached	135 - professional development All - prevention info	156 - professional development All - prevention info	79 - professional development All - prevention info	97 - professional development All - prevention info
Number of Community Members Reached	4300+ - prevention info and YRC newsletters	4300+ - prevention info and YRC newsletters	400+ - prevention info and YRC newsletters, events, meetings	400+ - prevention info and YRC newsletters, events, meetings
Number of Community Collaborations	2	2	4	5
Surveys Completed/ Opportunities for Feedback	Feedback solicited and participant quotes collected	Feedback solicited and participant quotes collected	Feedback solicited and participant quotes collected	Feedback solicited and participant quotes collected
Use of Data and Feedback to Inform Decision Making and Program Improvements	Surveys pre - and post - professional development to determine topics and usefulness of training	Surveys pre - and post - professional development and presentations to determine topics and usefulness of training	Surveys pre - and post - professional development and presentations to determine topics and usefulness of training	Surveys pre - and post - professional development and presentations to determine topics and usefulness of training. Student and staff feedback is used to improve programs and training.

<b>Financials*</b>	<b>Quarter 1</b>	<b>Quarter 2</b>	<b>Quarter 3</b>	<b>Quarter 4</b>
Supplies and Materials	\$000.00	\$000.00	\$444.58	\$1788.65
Community Outreach and PR	\$000.00	\$000.00	\$000.00	\$633.37
Curriculum	\$000.00	\$000.00	\$38.00	\$5500.00
Programs and Services	\$000.00	\$500.00	\$450.00	\$2476.80
Professional Development	\$112.50	\$248.48	\$2533.92	\$26977.26
Staff	\$000.00	\$000.00	\$2465.19	\$3614.24
Strategic Planning	\$000.00	\$000.00	\$000.00	\$000.00
<b>Total</b>	<b>\$112.50</b>	<b>\$748.48</b>	<b>\$5931.69</b>	<b>\$40990.32</b>

\* Financials updated to reflect actual invoicing.

<b>Abbreviations</b>
LAPS - Los Alamos Public Schools HSI - Healthy Schools Initiative CHC - Community Health Council YRC - Youth Resiliency Committee, a sub-committee of the CHC, formerly named the Community Resiliency Committee JJAB - Juvenile Justice Advisory Board LATC - Los Alamos Teen Center RAPS - Risk and Resiliency Assessment Project for Students YRRS - Youth Risk and Resiliency Survey YMHFA - Youth Mental Health First Aid LAVA - Los Alamos Volunteer Association TFA - Topper Freshman Academy