

2019 Los Alamos Triathlon Bike Route

Many sections of the Los Alamos Triathlon Bike Route are "OPEN COURSE" and there will be vehicle traffic on the route and possible wildlife. **ALWAYS RIDE HEADS-UP**, ride with traffic, and ride single file (no DRAFTING). If any cyclist needs assistance (flat tire, injury, etc...) there will be a SAG wagon, the LAFD Bike Team and the LA Fire Brigade sweeping the course.

